

Motcombe



Flying high together

PE Policy

At Motcombe School we firmly believe that good physical development skills are key in preparing pupils to participate in a rapidly changing world in which economic well-being for the future is dependent on physical capabilities. Children's ability to problem solve and develop effective thinking skills are vital if we are to secure the best outcomes for every child.

Children must be given experiences and opportunities that will foster their physical development skills. The school environment must reflect the level of importance that is placed on P.E within the school community and must provide for reinforcement, challenge and stimulation.

Policy reviewed annually in Term 6

School Mission Statement

'Flying High Together'

Our School Vision

"To build a learning community that cares for and values everyone, where promoting confidence through creativity, challenge and high expectations leads to enjoyment and success for all!"

Our School Values

1. Motcombe School is a community where children feel safe. It is a place where children can learn, play, work and grow together and where individuality for all is nurtured and valued; diversity is celebrated and all members feel able to meet their full potential, through the joy of life-long learning.
2. Children at Motcombe School have the right to the highest quality of teaching, which embraces all learning needs and is committed to raising academic standards and emotional growth.
3. We acknowledge that we live in an ever-changing world and are committed to preparing and empowering children to communicate well and fulfil their responsibilities as British and global citizens, whilst developing the ability to use all available technologies, in a safe and secure environment.
4. We promote respect for self and others, fostering qualities of initiative, creativity, growing independence and self-confidence, co-operation and self-motivation through the delivery of a relevant and challenging curriculum that acknowledges the need for health in both mind and body.
5. We are committed to supporting staff in their personal and professional development.

Ethos

Our school ethos is our shared vision and common sense of purpose. As an Infant School we recognise that it is a privilege to work with children at the start of their school career and as infant practitioners we have a strong understanding of the need to balance social and emotional maturity with academic ambition and plan learning that supports the development of both. This ethos aims to guide the day to day life and development of the school and strongly influence the 'feel' of the school.

Equal Opportunities

At Motcombe we believe that all children, regardless of first language, disability, race, gender, cultural or socio-economic background, should receive equal access to the full school curriculum.

Disability Statement

Motcombe is proud to be an inclusive school. We are able to offer access to the full curriculum for children who have a physical disability. We have easy access into the main part of both buildings and have facilities that include toilets for the disabled.

Acquiring and Developing Physical Skills

At Motcombe School we recognise the importance of effective Physical Skills. We ensure that planned learning encourages the safe development of Physical Education skills that deliver the Early Learning Goals and National Curriculum Objectives.



Principles	Values	Strategies
At Motcombe we:		
provide opportunities for children to develop movement and physical coordination.	ensure that each of our children is encouraged to develop their own physical skills to the best of their individual abilities.	<ul style="list-style-type: none"> use a variety of recorded music and other stimuli.
provide opportunities for children to explore and play safely with different types of equipment.	acknowledge that children need the freedom to explore their physical relationship within the world they live and to do so in a safe and nurturing environment.	<ul style="list-style-type: none"> use a variety of gymnastic equipment relevant to the age-group being taught. teach the correct handling of relevant sports equipment.

Applying Physical Skills

At Motcombe School we acknowledge the importance of children developing confidence in their own physical abilities through planned learning. We recognise that these are skills that can enrich children's learning across the curriculum and provide values that will enhance their experience of life.



Principles	Values	Strategies
At Motcombe we:		
provide children with the opportunity to experience different ways of expressing themselves using a range of physical skills.	believe children should be encouraged to participate in and enjoy a wide range of physical activities.	<ul style="list-style-type: none"> use the Sportitude scheme of work for Core Skills, Games, Gymnastics, Athletics and Striking and Fielding Games. extra-curricular sports clubs.
recognise that different children have different types and ranges of physical abilities.	believe that all children should be encouraged to participate in group and team activities regardless of individual abilities.	<ul style="list-style-type: none"> plan for the inclusion of children with different ranges of abilities.
recognise that children are naturally competitive and that physical education is a key factor in their capacity to enjoy sports.	value team and individual games to provide children with the experience of friendly competition.	<ul style="list-style-type: none"> have a sports day. take part in competitions and festivals through the Eastbourne School PE Association. encourage the children to develop their own team games. have structured lunchtimes to include sporting opportunities. Take part in events run by our Partner Schools

Evaluation and Learning

At Motcombe School, we encourage the children to explore their attitudes and to evaluate the value of Physical development for themselves, others and society and to be aware of its advantages and limitations.



Principles	Values	Strategies
At Motcombe we:		
provide opportunities for children to evaluate and learn from their own and others physical abilities, and to help them develop to their maximum potential.	believe that children should enjoy physical exercise and appreciate the role it plays in social development.	<ul style="list-style-type: none"> encourage children to evaluate their own and each others' performances. offer a wide variety of sporting opportunities.

Understanding fitness and health

At Motcombe School we acknowledge that children need to develop good Health and Safety attitudes and practices.



Principles	Values	Strategies
At Motcombe we:		
acknowledge the importance of a healthy diet and the role it plays in fitness.	encourage children to understand the benefits of eating sensibly and taking exercise.	<ul style="list-style-type: none"> have healthy school week. provide playtime fruit. make fresh water available when they need it.
acknowledge the importance of exercising safely.	understanding the need for basic techniques and skills when using equipment	<ul style="list-style-type: none"> teach the relevant safety rules for the activity being taught and the equipment being used.
provide the opportunity to exercise regularly	develop an understanding of the importance of staying physically active	<ul style="list-style-type: none"> have a Daily Run for all children

Year Group Targets



At Motcombe School we acknowledge that effective learning stems from knowing where children are, where they need to go, how they are going to get there and how they will know when they have 'arrived'.

These Targets are intended to ensure that appropriate progression of skills is planned for during P.E activities. We recognise that children develop their skills at different rates and therefore the most appropriate targets will be selected for each Year Group, Class, Group and/or Individual.

Targets for the Foundation Stage:
To show good control and co-ordination in large and small movements. Children should move confidently in a range of ways, safely negotiating space. Children should handle equipment and tools effectively, including pencils for writing.
Targets for Y1:
Fundamental movement Skills: To begin to develop a range of movement skills that include running, jumping, throwing and catching. Games: To be able to compete in team games and be able to accept results. Dance: To begin to perform dances using simple movement patterns
Targets for Y2:
Fundamental movement Skills: To master basic movements including running, jumping, throwing and catching as well as developing balance, agility and co-ordination and begin to apply these in a range of games Games: To be able to compete in games and develop simple tactics. Dance: To perform dances using simple movement patterns and evaluate their performance.

Success Criteria

By following these guidelines we expect that there will be a consistent approach to the teaching of P.E, which will result in the raising of standards. We will measure our success by monitoring the success criteria listed below.

- Teachers and Support Assistants will feel confident in the delivery of high quality P.E provision
- Children will be confident in their own skills and capability.
- Children will participate with enjoyment and purpose.
- Children will know and understand the reasons for good health and safety practices in P.E.
- Children will be able to transfer and apply their P.E skills across the curriculum.
- Children will make significant progress in all aspects of P.E
- The levels of achievement across the school will be at least 'good'.

These guidelines will be reviewed annually by the Physical Education Subject Leader and information will be reported to the SLT who will inform the full Governing Body as to the effectiveness of this Policy.