

Mindfulness Seaside Pinwheel



Mindfulness Summer Pinwheel

You will need:

- Crayons, coloured pencils or pens
- Scissors
- Drawing pin
- Wooden dowel
- Sticky tack

What to do:

1. First, colour the pictures on the paper sails of the pinwheel.
2. Carefully, cut out the pinwheel sails.
3. Next, colour the back of the pinwheel sails.
4. Then, fold the tips of the pinwheel sails that have small circles on towards the large circle middle.
5. Secure the sails together with a drawing pin and carefully push in to the wooden dowel.
6. If needed, stick some sticky tack on to the end of the pin to secure the sails on to the dowel and cover the point end of the pin.
7. Place outside and watch the sails spin!