

The PE Curriculum

“Sport teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose, it teaches you about life.”

Billy Jean King

Motcombe School



Flying high together

The PE curriculum at Motcombe has taken many of the content and principles of 'Mastery' in mathematics. We have developed a curriculum which ensures children spend longer being taught the common features and skills in order to have a more coherent PE curriculum and therefore be able to develop mastery in the subject.

INTENT

End Point

To know why it is important to be physically fit and explore the different ways we can do that.

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The aims of PE teaching at Motcombe:

- To develop a positive attitude to PE
- To develop strong basic skills such as throwing, catching, running, jumping, climbing balancing and working as a team, understanding about how the body works and how to be healthy
- To ensure that all children will be given the opportunities to develop their PE skills regardless of gender, race, ability, culture or ethnicity
- To explore and enjoy the language, body movements and competitiveness in PE and begin to transfer this into their vocabulary and other subjects

IMPLEMENTATION

Organisation of the Curriculum

The new National Curriculum forms the basis for our long-term planning; setting out the expectations in each year group. The medium-term planning organises the topics systematically term by term. Short term unit plans are prepared for daily teaching. Children are taught in mixed ability classes. The curriculum is taught through a carefully chosen progression of skills.

Teaching

Teaching of PE at Motcombe uses a whole class approach involving small steps. We have embedded an 'I do, We do, You do' approach to lessons. All concepts are introduced through carefully designed lessons for children to explore and understand. As their conceptual understanding develops, they move towards reasoning and applying the skills and concepts to real life situations. Children are not pushed to move through these stages until they have shown understanding gained by the teacher through skilful assessment. Further intervention can also be given for those who need more intensive support for PE.

The teacher's role in lessons is to:

- demonstrate a clear model using an 'I do, We do, You do' approach using small steps
- allow time for discussion and pair work
- continually assess children's understanding using multiple hinge questions
- provide support or scaffolding when needed
- present challenge and to develop understanding through expert questioning.

Teachers provide many opportunities for children to explain their understanding by demonstrating or explaining what they understand. Teachers use this to uncover misconceptions, assess and then challenge children. In addition to this, teachers use 'immediate application' to embed concepts. Each lesson is delivered through a variety of vehicles/variation of materials/equipment and ensures children are applying instantly.

Developing a reasonable sense is a vital part of our PE curriculum. Children are always asked to explain how they know something, either verbally or any other suitable form.

During each lesson, teachers create AFL (assessment for learning) opportunities to ensure the inclusion and challenge is right for all. Assessing independent work regularly, questioning and then providing additional support, no hands up, 'I do, We do, You do' are strategies embedded in the school to continual check children's understanding.

Assessing

Our dynamic assessing takes place during lessons for all children giving frequent assessment opportunities to monitor children's progress. When children need further support with a concept, the teacher will support them 1-1 or in a small group.

Resources

Children have a wide range of resources to help them develop their PE skills and knowledge including videos, images, as well as practical equipment to use within PE.

Monitoring, Evaluation and Review

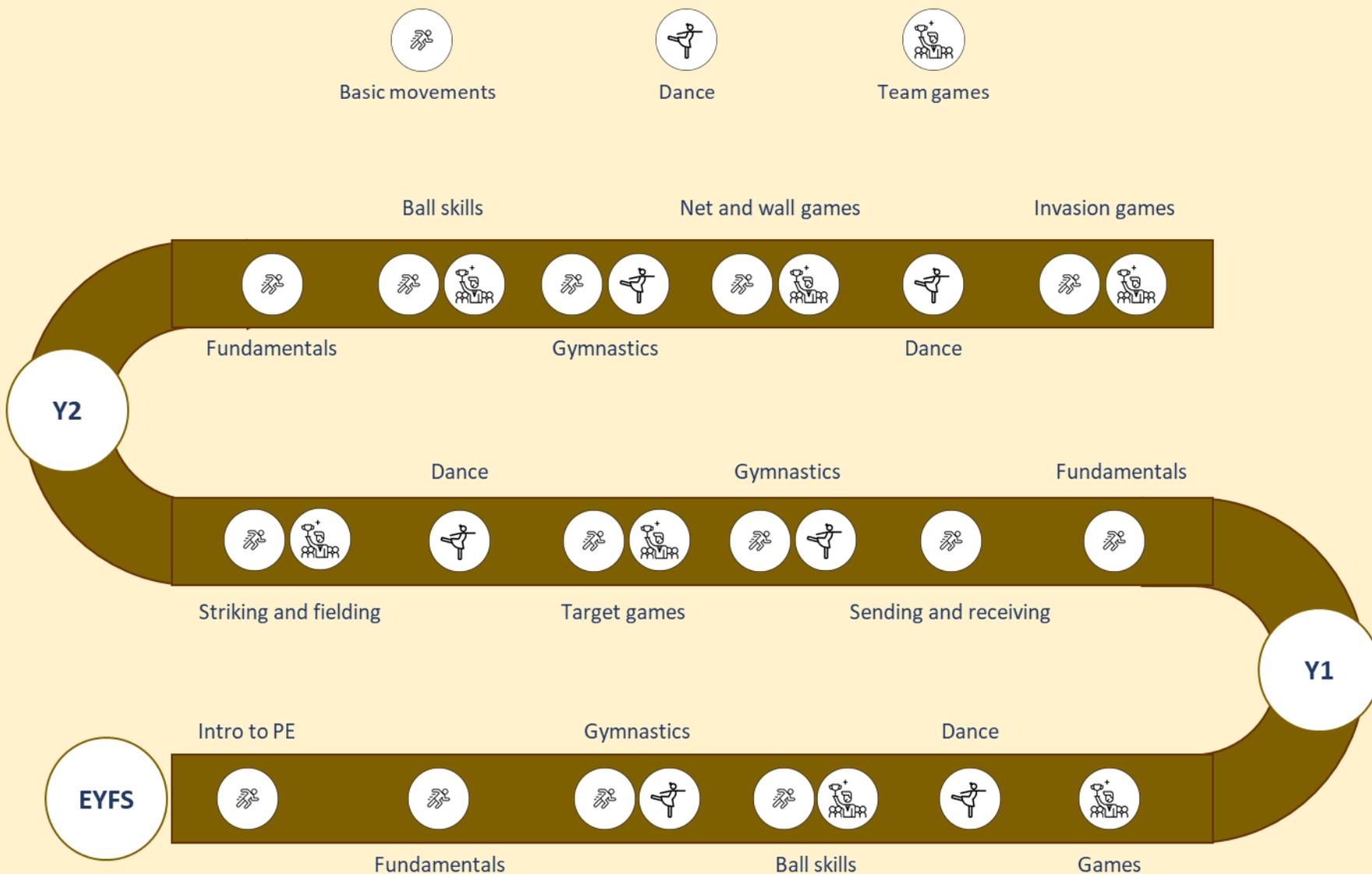
Leaders will monitor the planning to ensure the objectives for each year group are planned in accordance with the mastery approach. There will be regular drop-ins of lessons, review of weekly plans and work scrutinies to ensure continuity, progression and quality marking. Data analysis will inform intervention planning for year groups, groups and individual children.

Parental Involvement

We encourage parents to be involved in their child's learning by:

- publishing information about the PE curriculum for each year group on our school website
- supporting their child at home with basic skills such as throwing, catching, running, jumping, climbing, balancing and working as a team.

PE Curriculum Map



IMPACT

End Point

To know why it is important to be physically fit and explore the different ways we can do that.

Conclusion

It is the aim of the school, to raise levels of achievement in PE by promoting a positive attitude and providing rich physical experiences. Children should view themselves as athletes who are able to apply knowledge, skills and understanding to everyday life, but to also enjoy and appreciate the excitement and competitiveness of PE.

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