

How do I contact you?

You can contact us Monday to Friday, 9am to 5pm. We are available during the school holidays but not at weekends or on bank holidays.

Eastbourne, Hailsham and Seaford (EHS)
01323 446983
kcht.sh-ehs@nhs.net

High Weald, Lewes and Havens (HWLH)
0300 123 4487
kcht.sh-hwlh@nhs.net

Hastings and Rother
01424 728368
kcht.sh-hr@nhs.net

We have a confidential texting service for college students aged between 11 and 19 in East Sussex. It's monitored Monday to Friday, 9am to 5pm

07507 332473

We also hold drop-in sessions for secondary school children.

Promoting and protecting the wellbeing of young people

Your school nurse is here to support you and your child until they turn 19. If you need some support, are concerned or want to talk about your child's health, just get in touch.

Young people aged 11 to 19 can see us at a drop-in session. These are advertised at the schools or colleges we support.

Provided by
Kent Community Health
NHS Foundation Trust.

Who's in the team

Our team consists of registered nurses, nursery nurses, school nurse assistants and health improvement practitioners.

i care...
your gift, our promise.

Registered charity no. 1139134

...about helping the NHS
go above and beyond.

Visit www.kentcht.nhs.uk/icare

Customer Care Team

If you have a query about our health services, or would like to comment, compliment or complain about Kent Community Health NHS Foundation Trust, you can contact the **Customer Care Team**.

Phone: 0300 123 1807
8am to 5pm Monday to Friday. Please ask if you would like the team to call you back

Text: 07899 903499

Email: kcht.cct@nhs.net

Address: Customer Care Team,
Kent Community Health NHS Foundation Trust,
Unit J, Concept Court, Shearway Business
Park, Folkestone, Kent CT19 4RJ.

Web: www.kentcht.nhs.uk

If you need communication support, an interpreter or this information in another language, audio, Braille, Easy Read or large print, please ask a member of staff. You will be asked for your agreement to treatment and, if necessary, your permission to share your personal information.

Here to help...



School Health Service

Age
4-19

What is the School Health Service?

The School Health Service takes over from the Health Visiting Service when your child starts school. We see children and young people until they are 19 and help them reach their full potential.

When your child starts school, you are usually asked to fill in a questionnaire online. This helps us get to know you and your child, so we can offer the best support.

We can help with:

- sleeping problems
- hearing and eyesight – will be tested in reception year
- weight and height – we do the National Child Measurement Programme (NCMP) in Reception year and year 6 (unless you have opted out)
- wetting the bed and day wetting
- difficult or worrying behaviour
- healthy eating and eating problems
- worries and troubles – including changing schools
- bullying problems
- puberty and growing up
- sexual health
- relationship advice
- smoking, drugs and alcohol
- health promotion activities in primary and secondary schools
- parenting advice
- other health problems, including long-term conditions
- referrals to other services for more complex health needs.

My child doesn't attend a school. Can you help?

Yes. If your child doesn't attend school, if they are in hospital or if they are home educated, we can still support them and you. Just get in touch with us.

