

WEEK 1

W/C 31 AUG 21 SEP 12 OCT 2 NOV 23 NOV 14 DEC 4 JAN 25 JAN 15 FEB 8 MAR

MON

Margherita Pizza (V)
Vegetable Bolognese with Spaghetti (VG)

Carrots & Sweetcorn

Jacket with Baked Beans (VG) or Cheddar Cheese (V)

Warm Lemon Sponge & Citrus Sauce (V)
Jelly (VG)

TUE

Pork & Beef Sausage & Mash with Gravy
Glamorgan Sausage & Mash with Gravy (VG)

Seasonal Green Cabbage & Peas

Pasta with Tomato & Basil Sauce (VG)

Shortbread (VG)
Orange Wedges (VG)

WED

Chicken, Sage & Onion Pie with Roast Potatoes & Gravy
Cauliflower Cheese with Roast Potatoes (V)

Carrots & Green Beans

Pasta with Mediterranean Vegetable Sauce (VG)

Cookie (V)
Cheese & Crackers (V)

THU

Beef Lasagne
Roasted Vegetable & Butternut Curry with Basmati Rice (VG)

Mediterranean Vegetables & Sweetcorn

Jacket with Baked Beans (VG) or Cheddar Cheese (V)

Golden Crispie (V)
Jelly (VG)

FRI

Golden Fillet Fish Fingers with Chips
Squash-age Roll & Chips (V)

Baked Beans & Peas

Pasta with Tomato & Basil Sauce (VG)

Carrot & Cinnamon Bun (VG)
Fruit Yoghurt (V)

WEEK 2

W/C 7 SEP 28 SEP 19 OCT 9 NOV 30 NOV 11 JAN 1 FEB 22 FEB 15 MAR

MON

Macaroni Cheese (V)
Veggie Fajita (VG)

Sweetcorn & Mediterranean Vegetables

Jacket with Baked Beans (VG) or Cheddar Cheese (V)

Flapjack (VG)
Ice Cream (V)

TUE

Beef Sloppy Joes with Baked Wedges
Sweet Potato Dhal with Basmati Rice (VG)

Rainbow Vegetables & Peas

Pasta with Mediterranean Veg Sauce (VG)

Mousse (V)
Cheese & Crackers (V)

WED

Roast Turkey with Roast Potatoes & Gravy
Bubble & Squeak Pie & Gravy (V)

Rosemary Carrots & Seasonal Green Cabbage

Pasta with Tomato & Basil Sauce (V)

Shortbread (VG)
Winter Fruit Salad (VG)

THU

Chinese Chicken Noodles
Tomato & Basil Pasta Bake (V)

Broccoli & Sweetcorn

Jacket with Baked Beans (VG) or Cheddar Cheese (V)

Oat Cookie (V)
Jelly (VG)

FRI

Salmon Fishcake with Chips
Mexican Bean Taco Wrap with Chips (V)

Baked Beans & Peas

Pasta with Tomato & Basil Sauce (VG)

Chocolate Sponge & Chocolate Sauce (V)
Fruit Yoghurt (V)

WEEK 3

W/C 14 SEP 5 OCT 26 OCT 16 NOV 7 DEC 18 JAN 8 FEB 1 MAR 22 MAR

MON

Cheese & Tomato French Bread Pizza (V)
Cajun Veggie Noodles (V)

Rainbow Vegetables & Peas

Pasta with Tomato & Basil Sauce (VG)

Oaty Apple & Cinnamon Crumble & Custard (V)
Jelly (VG)

TUE

Chicken Meatballs in Tomato & Basil Sauce with Spaghetti
5 Bean Chilli & Rice (VG)

Broccoli & Sweetcorn

Jacket with Baked Beans (VG) or Cheddar Cheese (V)

Chocolate Brownie (V)
Lime & Mint Fruit Salad (VG)

WED

Roast Gammon with Roast Potatoes & Gravy
Sage & Onion Whirl with Roast Potatoes & Gravy (V)

Carrots & Seasonal Green Cabbage

Pasta with Mediterranean Vegetable Sauce (VG)

Cookie (V)
Fruit Yoghurt (V)

THU

Chicken Tikka Masala & Basmati Rice
Red Lentil Lasagne (V)

Green Beans & Sweetcorn & Pepper Medley

Jacket with Baked Beans (VG) or Grated Cheese (V)

Ginger Sponge (V)
Mousse (V)

FRI

Battered Fish Fillet with Chips
Sweet Potato Quesadilla & Chips (V)

Baked Beans & Peas

Pasta with Tomato & Basil Sauce (VG)

Shortbread (VG)
Fruit Yoghurt (V)